



2023

ANNUAL REPORT

eliminating racism
empowering women

ywca

Greater Capital Region



YWCA IS ON A MISSION

WE GIVE
HOPE

*YWCA of the
Greater Capital Region
is dedicated to
eliminating racism,
empowering women
and promoting peace,
justice, freedom and
dignity for all.*

Letter from our
EXECUTIVE DIRECTOR



Dear Donors and Supporters,

As we reflect on the past year at YWCA-GCR, we are filled with immense gratitude for your unwavering dedication to our mission and the individuals we serve. Your continued support has been instrumental in our ability to make a meaningful difference in the lives of women and children within our community.

Our work at YWCA-GCR is guided by the powerful phrase, “Until Justice Just Is.” This statement encapsulates our firm belief that every individual deserves to live in a world where justice is not just an ideal, but a reality. It is a reminder of our ongoing commitment to advocate for equity, inclusion, and empowerment for all. 2023 was a year of justice work from housing justice to the fight for reproductive rights and healthcare access. We saw the formation of the Save Burdett Birth Center Coalition: a powerful and truly bipartisan effort to keep the only maternity unit in our county open for the nearly 900 people who give birth there annually. Dozens of supporters came out and spoke on the importance of YWCA-GCR’s life-changing services at the June meeting of the Troy Planning Commission. These dedicated allies helped get our proposed 52-unit supportive housing project approved. I also became a proud representative on the regional council for the newly formed NYS Hate and Bias Prevention Unit. Our work does not exist in silos. These issues intersect, and it takes all of us, ON A MISSION, to enact positive change and create a more just society.

From offering shelter and resources to advocating for reproductive rights, gender equality in all aspects of life, and housing rights, your contributions have helped us enact positive change and create a more just society.

Throughout 2023, your generosity has enabled us to provide crucial services and supports. As we look ahead to the future, we remain steadfast in our dedication to our mission, fueled by your continued support and the service we provide. Together, we will continue to strive towards a world where justice is not just a dream, but a lived experience for all.

Thank you once again for your generosity, compassion, and commitment to our mission. Your support truly makes a difference in the lives of those we serve.

With heartfelt gratitude,



Starletta Renée
Executive Director

**UNITED WE STAND.
TOGETHER WE ACT.**
JOIN THE MOVEMENT.

**UNTIL
JUSTICE
JUST IS**

eliminating racism
empowering women
ywca
Greater Capital Region

LETTER FROM OUR BOARD

Dear Friends,

I'm excited to announce that just like last year, we are growing in ways to support women and children. We are well on our way to expanding services to live out our mission to eliminate racism and empower women.

As we've continued to navigate this post quarantine world, we have benefitted from the support of each of you. Hundreds of people attended our events in 2023 and donated thousands of dollars to help continue our work. On behalf of the Board of Directors and the women and children the YWCA of the Greater Capital Region supports, we thank you. We are grateful to our volunteers and to all those who join us in this critical work. We continue to work, celebrate, and accomplish this good hard work together. We look forward to meeting the challenges that face us *together*.

Sincerely,



Brittney Moore, President, Board of Directors



Executive Director Starletta Renée and Board President Brittney Moore.



Board Member Stacey Barss, Executive Director Starletta Renée, *BraVa!* Emcee Jeannine Trimboli, and Board Secretary A'Ilvija Mullins-Richard.

YWCA-GCR BOARD OF DIRECTORS

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BRITTNEY MOORE KIPP Tech Valley Schools

Vice President

HANNAH STENZEL Godfrey Financial Associates

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TARYN RACKMYER State University of New York

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STACEY BARSS MVP Health Care

YWCA-GCR STAFF

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BONNIE BENSON Director of Housing & Supportive Programs

JAMIE CROUSE Director of Development & Marketing

VIRGINIA MARINELLO Director of Finance

REVEREND AMANDA WAGNER

Wellness Coordinator

AMETHYST ZSILAVECZ

Development & Marketing Assistant

ASHLEY CHAMBERS

Mental Health Counselor

CAROLYN PASCHAL

Housing Coordinator

ELLEN RANDOLPH

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Front Desk Receptionist

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Housing Supervisor

LISA HOTTE

Data Management & Homeless Prevention Coordinator

LIZ HALLER

Finance Assistant

LYDIA GRIMES

Food Pantry Coordinator

OMIMA MOHAMED

Housing Coordinator

RICK RIVERA

Maintenance & Housekeeping Supervisor

SCHARLETTE WILKINS

Front Desk Receptionist

SHATIA OSBORNE

Front Desk Receptionist

STACEE PAIR

Front Desk Receptionist

STACEY CORNELIUS

Front Desk Receptionist

TAMMY BRADY

Housekeeper

TANIQUA AVENT

Housekeeper

ZALAYAH GRIMES

Housing Coordinator

YWCA-GCR GODPARENTS

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PHYLLIS CONROY

IN MEMORY

DON CSAPOSS

SANDRA GULL

ALANE HOHENBERG

LORI SCHINDLER

SHERRY ROUNDS

MARY ANN WILLETS

SALLY CATLIN

HOUSING + SERVICES

SUPPORTIVE HOUSING

The population of YWCA-GCR housing varies from year to year. Many women choose to reside in YWCA-GCR housing programs while “getting back on their feet,” while others choose to make YWCA-GCR housing their permanent home. In 2023, 188 women, 3 men, 3 transgender and nonbinary individuals, and 65 children lived in YWCA-GCR housing.

WOMEN IN TRANSITION (WIT) is a 14-unit supportive transitional housing program for both homeless single women and families. WIT is a structured program that assists with multiple barriers to permanent housing, such as lack of employment and/or education, mental illness, prior incarceration, substance abuse, and domestic violence. Women and families can reside for up to two years in WIT. During 2023, 62 women and 23 children resided in this program. The average length of stay is six months.

FAMILY APARTMENT PROGRAM provides four on-site one-bedroom apartments for previously homeless women with a small child. The families who enter this program have a physical or mental disability and are referred from Rensselaer County Continuum of Care Coordinated Entry Taskforce. During 2023, 8 women and 8 children resided in YWCA-GCR’s Family Apartment Program. The average length of stay is two years.

APARTMENT PROGRAM provides ten scattered-site apartments across Rensselaer County for homeless families with a disability and their children. Many of these women face multiple barriers to maintaining permanent, stable housing.

The Housing Coordinator also provides case management services and mediation between the tenant and the landlord as needed. During 2023, 17 women, 4 men and 36 children resided in YWCA-GCR Apartment Program. The average length of stay is nine and a half years.

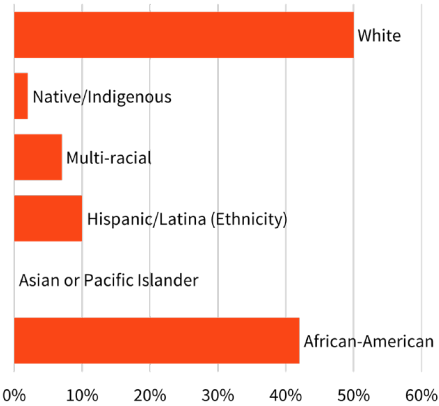


One of our 76 single room occupancy (SRO) rooms

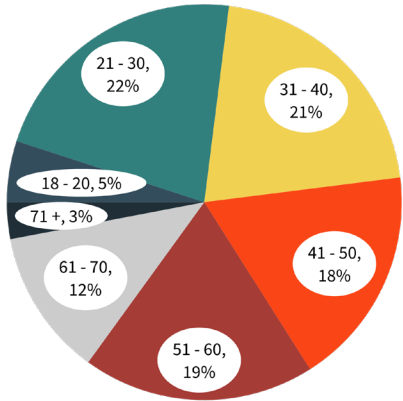
SINGLE ROOM OCCUPANCY (SRO), our on-site, 76-unit permanent supportive housing program is safe, affordable, and the most effective method to address homelessness and meet the diverse needs of our residents. Communal living provides shared bathrooms, kitchens, laundry, and a lounge. YWCA-GCR support staff are available to all residents around the clock for assistance at various levels. During 2023, 116 women and 3 transgender or nonbinary individuals resided in our SRO program. The average length of stay is six years.

2023 HOUSING DEMOGRAPHICS

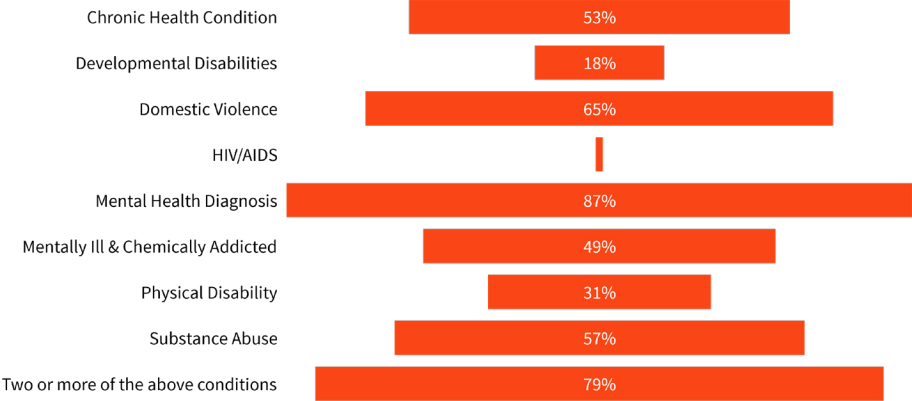
Race and Ethnicity



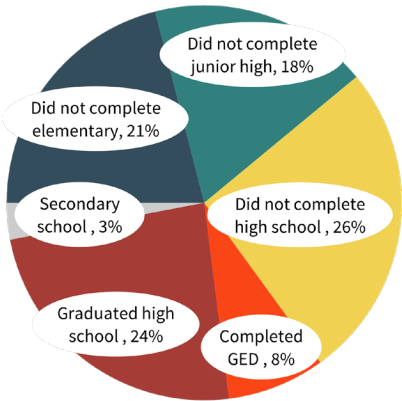
Age



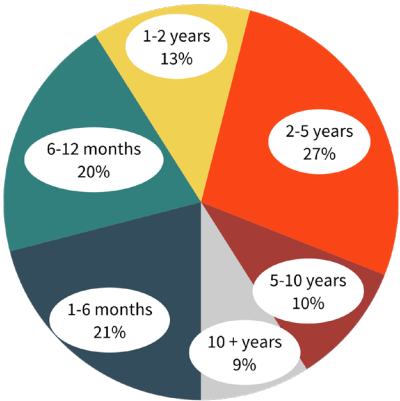
Special Needs



Highest Level of Education



Length of Stay (SRO)



SUPPORTIVE SERVICES

SALLY CATLIN RESOURCE CENTER

(SCRC) is open during regular business hours and some evenings to our residents as well as members of the community, including people of all genders. There are four computers with internet access that can be utilized for goal-oriented and/or personal usage such as job and apartment searching, sending emails, or connecting with family and friends on social media. SCRC has a lounge area where residents can visit with family and friends or meet with providers. We strive to provide connections to any resources in the community that a resident or guest might need.

WEEKLY COMMUNITY MEAL is free and open to the public on Tuesday nights

from 5 to 6 PM. Community members, residents, staff, and volunteers such as college students and local businesses participate in the meal preparation, serving, and clean up. YWCA-GCR often hosts speakers, health insurance companies, and outreach coordinators from outside agencies on topics such as education, wellness, health insurance, preventive services, and more. A total of 4,727 meals were served in 2023.

FOOD PANTRY provides a three-day emergency food package, consisting of nine meals, for both YWCA-GCR residents and the Greater Capital Region community. The food pantry is open Monday through Thursday from 1 to 4 PM. During 2023, 14,229 meals were provided.



Non-perishable food items available in our Food Pantry

YWCA-GCR IS ON A MISSION

JAMISON-ROUNDS READY FOR WORK PROGRAM (JR-RFW) is a 14-week long program that provides women with job readiness training in the form of skill-building workshops and on-site work experience at YWCA-GCR's front desk, food pantry, and other community internships. During 2023, we successfully completed 2 separate sessions, with a total of 10 graduates.



Graduates of the Fall 2023 session of
Jamison-Rounds Ready For Work Program

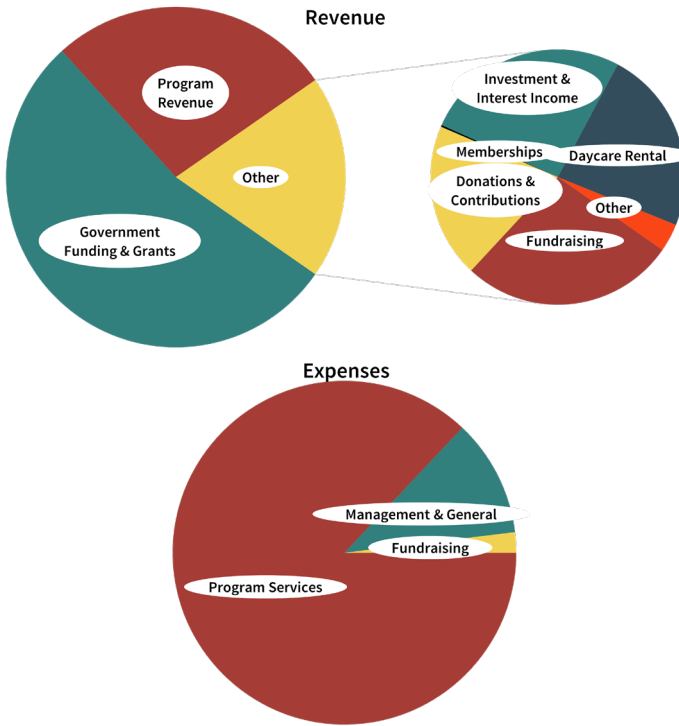
JAMISON-ROUNDS READY FOR WORK TECHNOLOGY CENTER provides nine computers with internet access for JR-RFW classes. They are available by appointment to residents and community members enrolled in online college courses, conducting research, performing job searches, seeking housing, or honing computer skills. The tech center was utilized 632 times in 2023 by 28 women.

JAMISON-ROUNDS READY FOR SCHOOL PROGRAM (JR-RFS) encourages educational growth while providing support, resources, and skills women need to further their education, overcome barriers, and reach their educational and life goals. The JR-RFS program is designed to give women the opportunity to further their education by putting them on the road to a successful career and life. Due to the pandemic, all on site Questar III holds GED preparation classes on site and our JR-RFS program regularly refers our participants to them so they may obtain their GED.

HOMELESSNESS PREVENTION (ESG) provides case management and financial assistance to low-income individuals and families in the community who are facing eviction with obtaining and maintaining permanent housing. Participants learn new budgeting strategies, communication skills, and home organization techniques. ESG encourages community resource connections regarding subsidized housing, appropriate benefit and entitlement procurement, medical care, mental health care, substance abuse treatment, and health insurance. In 2023 YWCA-GCR assisted 6 households including 8 adults and 12 children with preventing homelessness.

YWCA-GCR **FINANCIALS**

2023 FINANCIALS



Revenue

Government Funding & Grants	\$ 872,579
Program Revenue	439,836
Donations & Contributions	61,422
Daycare Rental	73,260
Memberships	695
Fundraising	85,712
Investment & Interest Income	82,096
Other	11,179
Total Revenue	\$ 1,626,779

Expenses

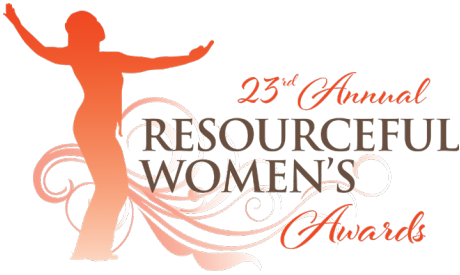
Program Services	\$ 1,565,687
Management & General	198,890
Fundraising	34,466
Total Expenses	\$ 1,799,043
Change in Net Assets	\$ (172,264)
Net Assets at Beginning of Year	\$ 5,071,504
Net Assets at End of Year	\$ 4,899,240

* This report is based on non-audited information.

** Expense of \$152,918 for Depreciation, a non-monetary expense, gets added back into total assets at the end of the year.

YWCA-GCR EVENTS

Resourceful Women’s Awards



We had an incredible time at our 23rd Annual Resourceful Women’s Awards, presented by Groff Networks with Persimmon sponsor, Regeneron as we celebrated Resourceful Women in our community on Wednesday, September 27th, 2023 at Franklin Plaza in Troy. This event raised over \$60,000 to support YWCA-GCR’s life-changing services .



2023 Young Girl On A Mission Tatiana Griffin-Braaf (left) and her family. Photo by Jayana LaFotos



2023 Resourceful Woman of the Year the Honorable Dr. Dorcay Applrys (center) poses with some of her friends. Photo by Jayana LaFotos

Honorary Committee

Dr. Angela Ledford - chair

Joan & Don Csaposs

Dr. Denise Fernandez-Palloszi

Lynn Kopka

Representative John McDonald III RPh

Brittney Moore

Annette Nanes

Honorable Nina Nichols

NPT Corporate Services

Repeat Business Systems

Nicole Stein

Walter Thorne

Congressman Paul Tonko



Musical performance by Community Sponsor Heard Live World Jazz. Photo by Jayana LaFotos



Guests, sponsors, and honorees enjoying the beautiful venue of Franklin Plaza at the 23rd-Annual Resourceful Women's Awards.

23rd Annual Resourceful Women's Awards Honorees

RESOURCEFUL WOMAN OF THE YEAR

Hon. Dr. Dorcey L. Applrys

Chief City Auditor for the City of Albany

Clinical Associate Professor in the School of Public Health University at Albany

WOMAN OF INSPIRATION

Ciara Hicks

Jamison Rounds - Ready for Work program graduate

COMMUNITY PARTNER

Upper Hudson Planned Parenthood

Provider of vital reproductive health care, sex education, and information

ARTS

Bree Hassell, Albany Rock Project

EDUCATION

Hamad Alghareeb, hey Hamad

Cameron Wein, RPI Athletics

EMERGING PROFESSIONAL

Paige Hughes, United Way
of the Greater Capital Region

Arielle Steele, Ayco

ENTREPRENEUR

Nadine Medina, Troy Dance Factory

Tracy Metzger, Vandy Thrift Shoppe

HEALTH & HUMAN SERVICES

Sherisa Moore, A Little Bit of Milk

Kate Wood, St. Catherine's Center for Children

MANAGEMENT

Liz Hitt, Homeless & Travelers Aid Society

Linda MacFarlane, Community Loan Fund

PHILANTHROPY

Tyara Burnett, Troy Central School District

Michelle Sanders, Breathe Message Therapy

PUBLIC SERVICE

Jennifer Mero, State University of New York

Carolyn Sheridan, National
Organization for Rare Disorders

WOMAN IN TECH

Rhea Drysdale, Outspoken Media

YOUNG GIRL ON A MISSION

Tatiana Griffin-Braaf, Tech Valley Shuttle



2023 Resourceful Women's Award honorees. Photo by Jayana LaFotos

23rd Annual Resourceful Women's Awards Sponsors

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BRAVA!

8TH ANNUAL



BraVa! continues to be one of YWCA-GCR's favorite nights of the year! Thank you to our co-founder, Marion Roach Smith and our 2023 EmCee, Jeannine Trimboli for making the 8th annual *BraVa!* an "uplifting" and successful event. Thank you also to Andrew Deitch for working the sound board and all the talented writers who shared their talent and stories with us. A warm shout out also to our executive director, Starletta and staff for the always delicious food spread! Since its inception, *BraVa!* has raised nearly 4,000 bras and binders for our community.

2023 BRAVA! WRITERS

Doreen Mirley

I Didn't Ask

Jeannette Sanderson

Playtex Dreams

Alisa Kriegel

Black Bustier

Sharon Roy

No Body's Perfect

Christy O'Callaghan

First Bra

Gretchen McGowan

Braless in Saigon

Heidi Fischbach

Big Enough for Bras

Amy Burton

Ready

Kyra Anderson

*The Older Bosom,
or Why I am Going Slowly Broke*

Tina Lear

The Girls Are Gone

Olive Lowe

It Wasn't the Bra



The writers that contributed to our 8th Annual *BraVa!* fundraiser.

SAVE BURDETT BIRTH CENTER COALITION

YWCA-GCR is a proud member of the Save Burdett Birth Center Coalition (SBBCC) that formed in June 2023. Following St. Peter's Health Partner's announcement of the proposed closure of the only maternity unit in Rensselaer County on June 13, 2024, SBBCC came together through the commitment of birth workers, community organizations, elected officials, and public health professionals who demanded this critical service must stay open to serve birthing people of Troy and beyond.



The first rally for Burdett was held in the gymnasium at YWCA-GCR on June 20th to a standing-room-only crowd of supporters representing all ages and affiliations. In July 2023, coalition members attended and spoke at a press conference at the Empire State Plaza and organized a "Love Picnic" outside of Burdett. On August 23, the coalition held a public forum to raise awareness about the dire impact the closure could have on our community.



Dozens of SBBCC members gave testimony at a public hearing held on September 18th called by NYS Attorney General, Letitia James at Bush Memorial and the coalition assembled and released their own Health Equity Impact Assessment submitted to NYSDOH on September 29th.



The bright pink Save Burdett Birth Center lawn signs became ubiquitous around the region and the coalition staffed a table at the Troy Waterfront Farmer's Market each week in addition to attending countless other community events. The fight to Save Burdett continues into 2024. YWCA-GCR is committed to this coalition and caring for the interests of women, families, and marginalized populations in our community.

2023 IN PICTURES



Starletta and Jamie meet with long-time YWCA-GCR supporter U.S. Congressman Paul Tonko at his Washington DC office.



Executive Director Starletta backed by supporters at a press conference announcing our new housing project at 23 First Street.



Starletta, State Representative John McDonald, and others gave remarks at a rally at the state capitol showing support for saving Samaritan Hospital's Burdett Birth Center.



New York State Governor Kathy Hochul and YWCA-GCR Executive Director Starletta Renée attending the women's history month reception at the SUNY Chancellor's residence.



Executive Director Starletta was honored by Albany Business Review as one of their Power 50.



Upper Hudson Planned Parenthood honored us with their Coalition and Community Partner Award.



Supportive Programs Supervisor Jackie and Housing Coordinator Zalayah preparing to serve light fare at our 8th Annual *BraVa!* event.



Midwives and other supporters of saving the Burdett Birth Center from the announced closure gather in front of YWCA-GCR after a rally completely filled our gymnasium..



Starletta and other supporters of YWCA-GCR at the Upper Hudson Planned Parenthood's Spring Gala.



YWCA-GCR staff having a ball at In Our Own Voices' Jazz In July event.



Resourceful Women's Awards honorees at the VIP Reception event.



Executive Director Starletta accepts donations for our annual Adopt-a-Family program.



Development Assistant Amethyst accepts donations for our inaugural Adopt-a-Resident program.



YWCA-GCR staff and residents preparing to serve our annual holiday dinner.



Front Desk Receptionist Jeaneiris serving a meal at our annual holiday party.



Broadview Federal Credit Union employees presenting us with a new Christmas tree.



Stunning custom-made tree ornaments were provided by our dear friends at Broadview FCU.



Regeneron employees at a fundraising event for a new stove for our community kitchen.

OUR **GENEROUS** **SPONSORS**

YWCA-GCR IS ON A MISSION

Mary Abbott	Casey Bernstein	Kathleen & Peter Crouse
Albany Law School	Harriet Borton	Don and Joan Csaposs
Hamad Alghareeb	Michelle Brandriss	Teresa D'Alessandro
Aimee Allaud	Broadview Federal Credit Union	Michelle DePuy
Julia Alsarraf	Brown Weinraub	Mira Dessy
Amazon Smiles	Khamali Brown	Domonique DeVito
Kyra Anderson	Allison Bruso	Patricia Diaz
Alexa Andujar	Tyara Burnett	Corinne DiDomenico
Anonymous	Nick Butkowski	K. Michelle Doyle
Royah Ansari	Yolanda & Sam Caldwell	Stacey P. Draper
Jacqui Anscombe-Waring	Diane Cameron-Pascone	Mara Drogan
Aquatic Group	Candex Solutions	Rhea Drysdale
architecture +	Capital District EOC	Jamie Dughi Hogenkamp
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G. Austen	CLB Strategies, LLC	Dre & Sean Fagan
David Bach	Cheryl Coleman-Walley	Priscilla Fairbank
Laurie Ballard	Collar City Clay Guild	Marina Fairchild
Zonnita Banks	Pat Comer	Faith Lutheran Church
Stacy Barss	Community Foundation-Greater Capital Region	Jennie Falusyzah
The Basement On First Street	Corey Jamison Consulting	Fifth Avenue AME Zion Church
Katherine J. Beinkafner	Cyd Cox	Katherine Findlay

Jessica Fink	Colleen Hatman	Irene Kelly
Daniel Flowers	Jessica & Dave Hayek	Key Bank National Association
Foroulis Private Foundation	Gayle Healy	Lori Kicinski
Christine Galante	Chelly Hegan	Jeffrey Kinnamon
Garden Homes Fund	Aline Henriksen	Lynn Kopka
Wilma George	Liz Hitt	Amy Koren-Roth
Noreen Gill	Deborah Hoffman	Jennifer Kowalski
Godfrey Financial Associates	Tameka Hoke	Gwen Krause
Pauline Goldsmith-Johnson	Humanities New York	Alisa Kriegel
Marie Grabher	Leslie Hyland	Amy LaFountain
Christopher Greagan	IATSE	Tina Lear
Deirdre Greco	David Irons	Dr. Angela Ledford
Trent Griffin-Braaf	Amanda Irwin	Orah LeHockey
Erika & Lauren Groff	Pamela Jackson	Michele Lepage
Groff NetWorks	Lillian Johnson	Lisa Lewis
Kelly Gross	Danielle M Jones	Kathleen Lindemann
Luis Guerra	Daquetta Jones	Velvet Linville
Kirby Haizlip	Ebony Jones	LMB Development Consulting, LLC
Amy Halloran	Paul Joyce	Julie Lomoe
HannaFord	Natalia Kafel	Karyn Loscocco
Harris A. Sanders, Architects, P.C.	Elizabeth Woodbury Kasius	Brian Lowe
Lori Harris	Lily Kasius	Teresa Lukacko
	Miriam Katz	Macedonia Baptist Church
	Susanne Keller	

YWCA-GCR IS ON A MISSION

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Christina Meier	Regina Odon-Sweeney	Repeat Business Systems
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John Michne	Dylan Paratore	Marion Roach Smith
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Doreen Mirley	Norris Pearson	Christine Rodriguez
Brittany Moore	Patrice Perkins	Joan Rogers
Sherisa Moore	Dan Phiffer	Paula Rollins
Mosaic Associates Architects		Jillian Rosato

Rosenblum Development	Rachelle Smith-Stallman	Upper Hudson Planned Parenthood
Marguerite Roth	Belinda Snyder	Haley Van Bellingham
Sherry Rounds	Spring City Development Group, LLC	Emily Vandenbrink
Sandra Rouse	John Stanley	Aaron Vera
RPI Athletics	Nicole Stein	Victoria's Secret
Sarah Rudgers Tyse	Evan Sullivan	Victorious Life Church
Jamie Rusconi	Dave Szymanski	Sachi Vines
Sabic Innovative Plastics	Jessica Tanguay	Judge Beth Walsh
Michelle & Danny Sanders	Iman Temple	Cam Wein
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Sara Saplin	Maria Thompson	Margery & Michael Whiteman
Stacy Sauer	Congressman Paul Tonko	Natalie Winne
John Savaria	Tri-City Rentals	Kate Wood
Schiocchetti Taber, PLLC	Jeannine Trimboli	Kathleen Wooddell
Tracey Schmidbauer	Troy Area United Ministries	Amy Yarsevich
Carissa Seror	Troy Dance Factory	Cathy Yudzevich
Shaker Logistics	Troy Savings Bank Charitable Foundation	Z-Core
Madison Shanley	Troy Unplugged	Sarah Zouky-Diamond
Kathy Sheehan	Troy Web Consulting	
Gregory Sheldon	12 Troy LLC	
Betty Ann Simmons	Susan Ungerman	
Jess Singleton	United Way of the Greater Capital Region	
Pamela Skripak	Unity House	
Joann Smith		

**eliminating racism
empowering women**



Greater Capital Region

21 First Street

Troy NY 12180



**SUPPORT
YWCA
OF THE
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YWCA IS ON A MISSION