



2022 ANNUAL REPORT

eliminating racism
empowering women

ywca

Greater Capital Region



YWCA IS ON A MISSION

WE GIVE HOPE

*YWCA of the
Greater Capital Region
is dedicated to
eliminating racism,
empowering women and
promoting peace, justice,
freedom and dignity
for all.*

Letter from our **EXECUTIVE DIRECTOR**



Dear Allies,

I hope this letter finds you well, in the best of spirits, and knowing how much YWCA of the Greater Capital Region values YOU as a friend. Twenty Twenty-Two! The year that flew by, in the blink of an eye. Thanks to you, your love and support, and some historical events, we have proof it happened. First, however, I need to thank you and share our accomplishments. Now introducing: our 2022 Annual Report!

With your support, YWCA-GCR had another successful year providing sustainable services and programs, increased visibility within the Capital Region and capital improvements. We created and maintained positions, annual employee raises and healthcare contributions. Our donations and contributions **more than doubled** from 2021. THANK YOU! You helped us make a difference in over 300 women and children's lives Every. Single. Day. My hope is that you remain a passionate and powerful friend of YWCA-GCR. Your support is the reason for our success.

This year was both powerful and terrifying. We witnessed a record number of "first" women and people of color being elected to government, including our very own Governor Kathy Hochul. We sat terrified as we heard the Supreme Court's decision to overturn Roe v. Wade, increased controversy over critical race theory, and labor unions. We collectively grieved the Robb Elementary School Shooting and the dozens more school shootings that we heard or read about. The senseless hate crimes, like the shooting in Buffalo, NY. Our love and thoughts will remain with all the families, friends, and persons affected by these horrific crimes. As if ALL that wasn't enough, our community remains heavily impacted by the increasing cost-of-living.

Throughout 2022, we had some truly amazing and uplifting events. Our wellness event, Ride with YWCA-GCR was a great time at Corning Preserve with music, vendors, biking, and brought in over \$40,000. We stood beside Upper Hudson Planned Parenthood as we brought awareness and support to women's rights. The 22nd Annual Resourceful Women's Awards presented by Nancy Warner Associates and Groff NetWorks, celebrated Dr. Angela Ledford as the 2022 Resourceful Woman of the Year, Mary Milone as the 2022 Woman of Inspiration, Kate Manley as Community Leadership awardee and 19 other phenomenal individuals who work to advance the empowerment of women and girls. The in-person return of BraVa! (our 7th annual) was well attended and raised hundreds of bras. Other impactful YWCA-GCR and community events such as our Adopt-A-Family program and the Collar City Clay Guild's Empty Bowls fundraiser, exceeded our expectations.

With your continued support and generosity, YWCA-GCR will gain momentum, build capacity, extend our footprint, sustain our legacy, and welcome you into YWCA sisterhood. We know that working together, we can enhance and expand our programs to address critical needs and improve the circumstances of the many women we serve. Thank you for all you do and for showing up in 2022 for YWCA-GCR. I am beyond amazed by the work and love that the staff poured into keeping our women, children, and community safe, fed, nurtured, and connected to family and services. I applaud all of you for your time and selflessness. Our 2022 data is a true testament to your dedication to our mission and the women and children we serve daily.

I know with our allies, Board of Directors, and staff, 2023 will be just as fulfilling as 2022, because we have you beside us- On a mission, giving hope, and changing lives.

With Gratitude,

YWCA IS ON A MISSION

LETTER FROM OUR BOARD

Dear Friends,

As you read this annual report, you'll notice two very important things: we have found new ways to live our mission of eliminating racism and empowering women, and we are financially sound. The former cannot happen without the latter. Over 350 people attended our three major events in 2022 and more than 400 donated to help continue our work. On behalf of the Board of Directors and the women and children the YWCA of the Greater Capital Region supports, we thank you. We are grateful to our volunteers and to all those who join us in this critical work. Together, we have celebrated our accomplishments and together, we will rise to meet the challenges ahead.

Sincerely,
Brittney Moore and Nicole Stein, Co-Vice Presidents, Board of Directors




From left to right: Hannah Stenzel, Julie Maio, Starletta Smith, Brittney Moore, and A'Livija Mullins-Richard



From left to right: Nicole Stein, Starletta Smith, and A'Livija Mullins-Richard

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Supervisor of Supportive Programs

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Front Desk Receptionist

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SHERRY ROUNDS

SANDRA GULL
HON. BETH WALSH

LORI SCHINDLER
MARY ANN WILLETS

IN MEMORY,
ALANE HOHENBERG
SALLY CATLIN

SUPPORTIVE HOUSING PROGRAMS

WOMEN IN TRANSITION (WIT) is a 14-unit supportive transitional housing program for both homeless single women and families. WIT is a structured program that assists with multiple barriers to permanent housing, such as lack of employment and/or education, mental illness, prior incarceration, substance abuse and domestic violence. Women and families can reside for up to two years in WIT. During 2022, 46 women and 22 children resided in this program. The average length of stay is six months.

FAMILY APARTMENT PROGRAM provides four on-site one-bedroom apartments for previously homeless women with a small child. The families who enter this program have a physical or mental disability and are referred from Rensselaer County Continuum of Care Coordinated Entry Taskforce. During 2022, 6 women and 6 children resided in YWCA-GCR’s Family Apartment Program. The average length of stay is two years.

SINGLE ROOM OCCUPANCY (SRO), our on-site, 76-unit permanent supportive housing program is safe, affordable and the most effective method to address homelessness and meet the diverse needs of our residents. Communal living provides shared bathrooms, kitchens, laundry, and a lounge. YWCA-GCR Housing Coordinators and support staff are available to all residents around the clock for assistance at various levels. During 2022, 102 women resided in

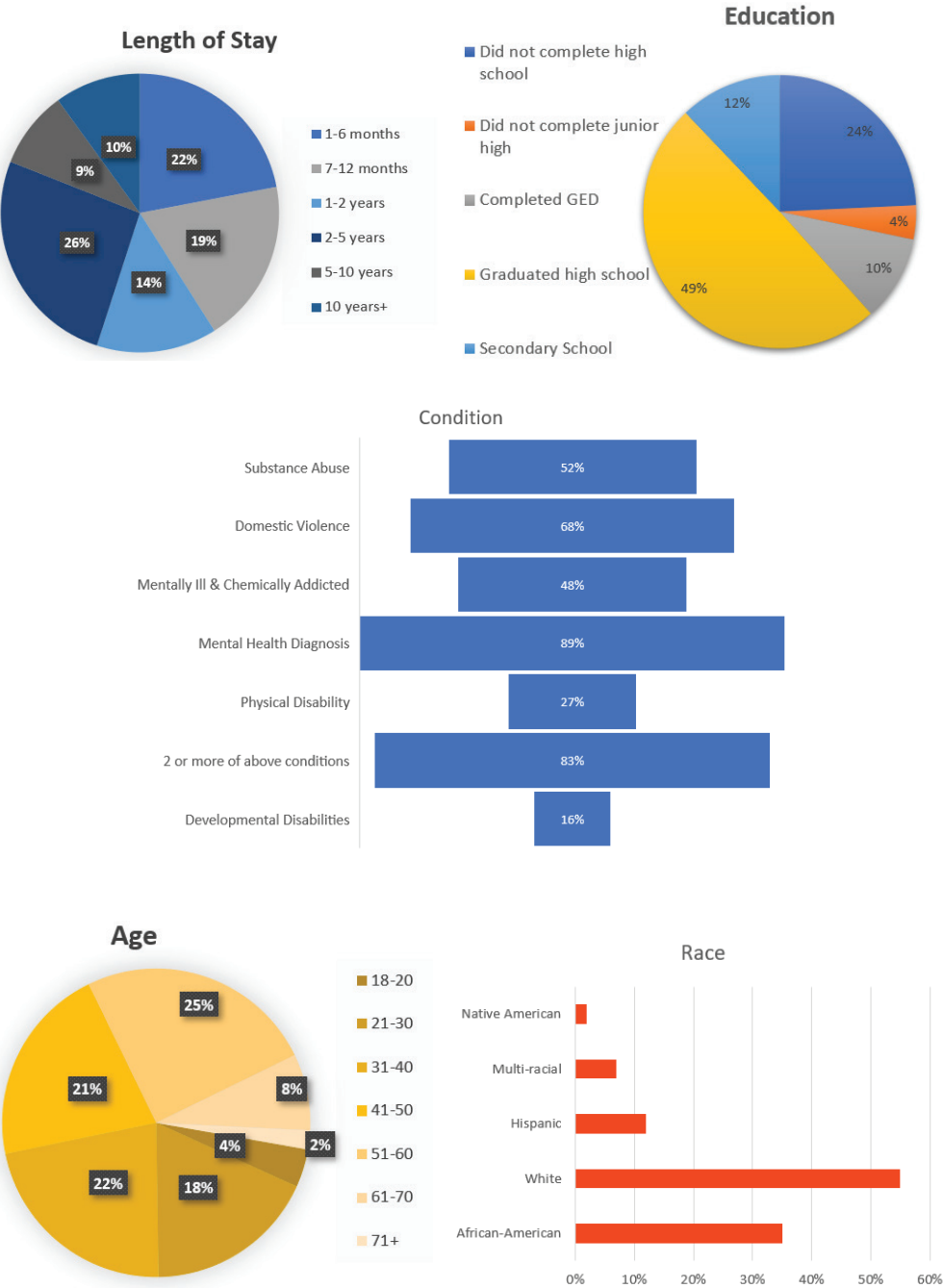


One of the 76 single-room occupancy (SRO) rooms at 21 First St.

our SRO program. The average length of stay is five years.

APARTMENT PROGRAM provides ten scattered-site apartments across Rensselaer County for homeless families with a disability and their children. Many of these women face multiple barriers to maintaining permanent, stable housing. The Housing Coordinator also provides case management services and mediation between the tenant and the landlord, as needed. During 2022, 16 women, 3 men and 32 children resided in YWCA-GCR Apartment Program. The average length of stay is 9.5 years.

2022 HOUSING DEMOGRAPHICS



SUPPORTIVE SERVICES



FOOD PANTRY provides a three-day emergency food package, consisting of nine meals, for both YWCA-GCR residents and the Greater Capital Region community. The food pantry is open weekly, Monday through Thursday from 1 to 4PM. During 2022, 20,880 meals were provided.

SALLY CATLIN RESOURCE CENTER (SCRC) is open during regular business hours, and some evenings, to our residents as well as members of the community, including men. There are four computers with internet access that can be utilized for goal-oriented and/or personal usage such as job and apartment searching, sending emails, or connecting with family and friends on social media.



SCRC has a lounge area where residents can visit with family and friends or meet with providers. We strive to provide connections to any resources in the community that a resident or guest might need.

WEEKLY COMMUNITY MEAL is held each week and is free and open to the public. In 2022 the meal moved from Thursday to Tuesday nights from 5 to 6PM. Community members, residents, staff, and volunteers such as college students and local businesses participate in the meal preparation, serving and clean up. YWCA-GCR often hosts speakers, health insurance companies, and outreach coordinators from outside agencies on topics such as education, wellness, health insurance, preventive services and more. A total of 4,820 meals were served in 2022.

JAMISON-ROUNDS READY FOR WORK TECHNOLOGY CENTER provides nine computers with internet access for Jamison-Rounds Ready for Work classes. They are available

by appointment to residents and community members enrolled in online college courses, conducting research, performing job searches, seeking housing, or honing computer skills. The tech center was utilized 300 times in 2022 by 5 women.

JAMISON-ROUNDS READY FOR WORK PROGRAM (JR-RFW) is a 14-week long program that provides women with job readiness training in the form of skill-building workshops and on-site work experience at YWCA-GCR's front desk, food pantry, and other community internships. During 2022, we re-opened the program after a long hiatus caused by the onset and duration of the COVID-19 pandemic. Visitors to our building were limited in 2022 and we began with a small class of five women on September 19, 2022. On December 9, 2022, a graduation ceremony for four women was held (one needed to withdraw and has maintained steady employment for many months).



JAMISON-ROUNDS READY FOR SCHOOL PROGRAM (JR-RFS)

encourages educational growth while providing support, resources, and skills women need to further their education, overcome barriers, and reach their educational and life goals. The JR-RFS program is designed to give women the opportunity to further their education by putting them on the road to a successful career and life. Due to the pandemic, all on site TASC preparation classes were suspended and the program was put on hold.

HOMELESSNESS PREVENTION PROGRAMS

provide case management and financial assistance to low-income individuals and families in the community who are facing eviction, and those affected

by the COVID-19 pandemic who are currently in shelters or street homeless with obtaining permanent housing. Participants learn new budgeting strategies, communication skills, and home organization techniques. The Emergency Solutions Grant from the city of Troy encourages community resource connections regarding subsidized housing, appropriate benefit and entitlement procurement, medical care, mental health care, substance abuse treatment, and health insurance. In 2022 YWCA-GCR assisted 24 households including 28 adults and 38 children with permanent housing.

YWCA-GCR EVENTS

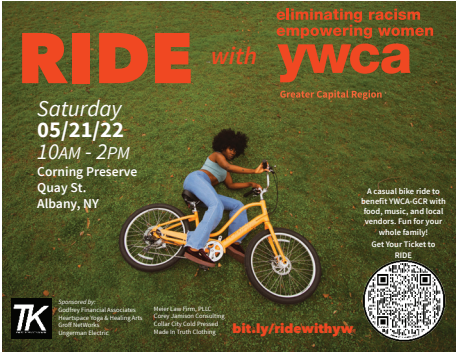


Employees from Regeneron Pharmaceuticals served up a delicious community meal in October 2022 for their Days for Doing Good volunteerism campaign.

RIDE with YWCA-GCR

Our 2nd Annual biking fundraiser **RIDE with YWCA-GCR** was a huge success and a beautiful time. Over 100 riders from across the Capital Region participated in this family-friendly bike ride held along the Mohawk-Hudson Bike Path at Corning Preserve in Albany. We enjoyed concessions from the Iron Works Grill Food Truck, music by DJ Lovely Candela and Troy Samba!, face painting from Meg Jala, and local vendors Afrikan Queens boutique, Null Void, and Hypersaturation.

RIDE with YWCA-GCR raised over **\$40,000** to support the work and mission of YWCA-GCR. Thank you to all of our generous sponsors, honorary committee members, and participants for helping to make this such a successful event!



Thank you to our generous sponsors:

- Regeneron
- Groff NetWorks
- Godfrey Financial Associates
- Meier Law Firm, PLLC
- Ungerman Electric
- Hearspace Yoga & Healing Arts
- Corey Jamison Consulting
- Collar City Cold Pressed
- Made in Truth Clothing
- Tyler Ki-Re Photography

RIDE with YWCA-GCR Honorary Committee

- Albany Bicycle Coalition

Patricia Carley

Kathleen & Peter Crouse

Joan & Don Csaposs

Hope DeRocha

Daquetta P. Jones

Lisa Lagon

Theresa B. Marangas, Esq.

Theodora Marangas, Esq.

Marshall & Sterling Employee Benefits

Nora McDowell

Mission Accomplished Transition Services
- Brittney Moore

Krystal Moore

Robert C. Parker School

Sherry Rounds

Pam Skripak & David Gordon

Starletta Smith

Nicole Stein

Hannah Stenzel

Stragility, LLC

Jeannine Trimboli

UBS Financial Services

Unity House

YWCA of Northeastern NY





We were so pleased to bring back our 22nd Annual Resourceful Women's Awards, presented by Nacy Warner Associates and Groff NetWorks after a hiatus and scaling back in 2020 and 2021. The event moved from a luncheon to a dinner at Franklin Plaza in Troy on October 19, 2022. Over 225 people gathered for a wonderful party, empowering remarks, and community building. The event raised nearly \$75,000 for YWCA-GCR.

Dr. Angela Ledford was honored as the 2022 Resourceful Woman of the Year and Mary Milone was the Woman of Inspiration. twenty other women and young girls were honored as well.

We would like to thank Kathleen McLean, 2022 Honorary Chair, our dedicated staff, talented photographer, Lauren Hunn of Lauren Keeps Time photography, the volunteer students from Emma Willard, A'Livija Mullins Richard, and our generous sponsors and supporters and all who attended.

Honorary Committee

Kathleen McLean - chair
Academy of the Holy Names
Breathe Massage Therapy
Leslie Cheu
The College of St. Rose
Phyllis Conroy
Joan & Don Csaposs
Daquetta P. Jones
Jennifer Lawrence
Francesca Lo-Porto Bradow
Theresa Marangas, Esq.
Brittney Moore
Willie Moore
Annette Nanes
NFP Corporate Services
Honorable Nina Nichols
Taryn Rackmyer
Starletta Renee Washington
Shavina Richardson
Sherry Rounds
Harris A. Sanders, Architects
Nicole Stein
Hannah Stenzel
Walter Thorne
Congressman Paul Tonko



Dr. Angela Ledford, 2022 Resourceful Woman of the Year (foreground) and her mother Jureta Gonzales (background).



2022 Resourceful Woman Award honorees at Franklin Plaza.



From left to right: YWCA-GCR Executive Director, Starletta Smith, 2019 Woman of Inspiration, Dana Ritrovato, 2021 Woman of Inspiration, Amy Zsilavec, and 2022 Woman of Inspiration Mary Milone.

Congratulations to Our 2022 Honorees

ACTIVISM

Jarin Ahmed, JAAGO Hudson & Columbia County Sanctuary Movement
damaris miller, Troy 4 Black Lives

ARTS

Meg Jala, Multidisciplinary Artist & Storyteller
Michelle Polacinski, 518 Film Network

EDUCATION

Zanetta Graham, Upper Hudson Planned Parenthood

EMERGING PROFESSIONAL

Emani Anderson, Joseph's House & Shelter
Shaletha Peppers, South End Children's Cafe

ENTREPRENEUR

Genika Blandshaw, Founder/Owner, Juice Factory VII
Liska Wilson, Founder, She's a Boss & Stiletto Brunch

FRONT LINE

Hannah Kreiger, Samaritan Bariatric & Metabolic Care

HEALTH & HUMAN SERVICES

Dr. Briana Byrnes, Adams-Byrnes Dentistry
Omiyea Stanford, Upper Hudson Planned Parenthood

MANAGEMENT

Tandra LaGrone, In Our Own Voices
Crickett Thomas O'Dell, Workforce Development Institute

PHILANTHROPY

Jammella Anderson, Free Food Fridge Albany

PUBLIC SERVICE

Jamaica Miles, Co-Founder, All of Us
Sophonie Pierre-Michel, NYS Executive Chamber

YOUNG GIRLS ON A MISSION

Sandra Odom
Selma Rose Osei

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Thank You to Our Sponsors

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Susan Phillips

Selkirk Community Fund

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BRAVA!

Thank you to our incredible EmCee, Angelique Powell, our friends at the Arts Center of the Capital Region, Sound Engineer, Sam Torres, and co-creator, Marion Roach Smith for helping us make the 7th Annual BraVa! possible. We are also so appreciative and amazed by all the talented writers who contributed this year. Thanks also to Godmother Elizabeth Walsh for underwriting the delicious food spread!

This year's event was the first return to in-person BraVa! since the COVID-19 pandemic and it raised hundreds of bras for our community. Thank you!!!



2022 BRAVA WRITERS

Janna Otto	<i>There's a Bra for That</i>
Opal Ingram	<i>My Bra Blue</i>
Amy Halloran	<i>Stanley's</i>
Marie Lauzier	<i>For the Love of a Good Bra</i>
Anna van Straubenzee	<i>My Everyday 32AA</i>
Jillina Baxter	<i>Keeping Abreast</i>
Gwen Krause	<i>Breastology</i>
Mara Lefebvre	<i>Under it All</i>
Norah Rowland	<i>A Bra's Pledge of Promise</i>
Sara Weeks	<i>An Interview with Mr. Mellinger</i>
Mary Ann Ronconi	<i>Grandma Gets a Lift</i>
Ann C. Averill	<i>Does Size Matter?</i>
Amy Burton	<i>Second Skin</i>
Linda McKenney	<i>What a Boob</i>
Barbara Wyman	<i>A Bedazzling, Enchanting Jungle Cat</i>
Liz Alterman	<i>The Bras That Shaped Me</i>
Pamela Fernuik	<i>I am Here</i>

OUR GENEROUS 2022 SUPPORTERS

Mary Abbott	David Bolaski	Phyllis Conroy
Adams-Byrnes Dentistry	Breathe Massage Therapy	Corey Jamison Consulting
Albany NY Chapter - Delta Sigma Theta Sorority	Broadview FCU	Joan Corey
Liz Alterman	Jill Bryce	Jamie Crouse
Amazon Smiles	BST & Co. CPAs	Kathleen & Peter Crouse
Ambient Environmental	Dona S. Bulluck	Don & Joan Csaposs
architecture+	Julie Bush	Emily Curro
Emani Anderson	Business for Good Foundation Inc	Sarah Darby
Jacqui Anscombe-Waring	Carolyn Burton	Anna Davenport
April	Nick Butkowski	Hope DeRocha
Elizabeth & John Armstrong	Diane Cameron-Pascone	Betty DiMaria
Ann Averill	Patricia B. Carley	Mary Dirolf
David Bach	Griffin Carvell	Stacey P. Draper
Jennifer Bach	CDPHP	James Dreimiller
Zonnita Banks	CDTA	Dr. Mara Drogan
Samone Baptiste	Jennifer Chapman	Tyler Drollette
Andrea Bartfeild	Leslie Cheu	Mark Duffy
Caroline Bell	Joan & Michael Clifford	Carmen Duncan
Pamela Bentien	Logan Coggins	Tabatha Dunn
Casey Bernstein	Community Reformed Church of Colonie	Dwight Plumbing & Heating
Brittany Beyus	Danielle Colin	East Side Quilters
Anita Blandshaw	Collar City Hard Pressed	Julie Elson
Dante Blandshaw	College of St. Rose	Fagan Associates
Clyanna Blyanna	Commision For Economic Opportunity	Priscilla Fairbank
Bogges Family Trust		Faith Lutheran Church
		Tommy Falk

Maxine Fantroy-Ford	Hannaford	Key Bank National Association
Christina Farinacci	Azra Haqqie	Emily Kidd
Louise Farrell	Erin Harkes	Judy Kilday
Risa Faussette	Harris A. Sanders, Architects, P.C.	Celeste Knight
Connie Fenton	Colleen Hatman	Katrina Knox
Ann M. Finnegan	Heart Space Yoga & Healing Arts	Jason Konzak
First United Presbyterian Church	Dahlia Herring	Beth Koury
D. Fox	Andrea Hersh	Hannah Kreiger
Karla Gareau, MBA	Deborah Hoffman	Matthew Kreiger
Lillian Garland	Kenny Hohman	Lisa Lagon
Callie Gaspary	Charlene Holmes	Beverly LaRose
Marie Gavazzi	Cass Hooley	Karen Lartin
Jae Gayle	Lisa Hotte	Deborah Lawrence
Godfrey Financial Associates Inc	Annette Hoult	Jennifer Lawrence
Jureta Gonzales	Candace Hunt	Zhenelle & Charles LeBel
Jane Gottlieb	Karen Hyman-Gentner	Leslie LeBon
Marie Grabher	Corey Jamison	Dr. Angela Ledford
Zanetta Graham	Daquetta Jones	Orah LeHockey
Jasper Graves	Ebony Jones	Bonnie Lichak
Kelsey Gray	Margaret E. Joos	Alexandra List
Deirdre Greco	Alison Joseph	Local 81408
Erica Grimes	Julie Kahng	Teresa Lukacko
Kelly Gross	Elizabeth Kasius	Julie Maio
Lise Hafner	Lily Kasius	Kate Manley
Elizabeth Haller	Julie Keegan	Theodora Marangas
Amy Halloran	Sopris Kent	Theresa B. Marangas, Esq.
		Marshall & Sterling, Inc

Mater Christi School	Mission Accomplished Transition Services	Margie Parillo	Marion Roach Smith	Dianne Stancato	Jackie Weaver
Karen Maxwell	Brittney Moore	James Patrick	Markeia Robinson	Barbara Stein	Demery Weeks
Kathleen McCarthy	Willie Moore	Pawling 765 LLC	Joan Rogers	Nicole Stein	Jack Weeks
Tarasha McCoy	Mosaic Associates Architects	Ruth Pelham	Mary Ann Ronconi	Hannah Stenzel	Michael Welch
Lois McDonald	Jamel Mosely	Ethel Peppers	Kimberly Roselle	Samuel Stouffer	Tyler West
McDonald For Assembly	Theresa Moroukian	Linda Petrucelli	Peggy Ross	Stephannie Stoyale	Troy Web Consulting, LLC
Nora McDowell	Cheryl Mugno	Dan Phiffer	Marguerite Roth	Stragility LLC	Whiteman, Osterman & Hannah, LLP
Elizabeth McGarry	MVP Healthcare	Sam Phillips	Sherry Rounds	Erica Straus	Amanda Williams
Donna McIntyre	Nacy Warner Associates LLC	Susan L. Phillips	Sandra Rouse	Ryanne Straus	Tabetha Wilson
Ayden McKee	Annette Nanes	Erin Pihlaja	Alice Rudnick	Street Taco VII Inc	Natalie Winne
Liam McKee	NBT Bank	Edward Piotrowski	Russell Sage College	SWBR	Serena White-Lake
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Linda McKenney	NFP Corporate Services	Alissa Quinn	Sabic Innovative Plastics	Thomas Taliesin	Kate Wood
Tarasha McKoy	Katie Nare	Katherine Quinn	Michelle & Danny Sanders	Iman Temple	Workforce Development Institute
Kathleen McLean	Network For Good	Quinn Wealth Management Group	Amy Salamone	The Basement On First St	Windy Wyczawski
Kathleen McNamara	Nina Nichols	Taryn Rackmyer	Tracey Schmidbauer	The Foroulis Private Foundation	Nancy Uber
Meier Law Firm, PLLC	Jacqueline O'Donnell	Abigail Radliff	Anna Schupack	The Kaleel Jamison Consulting Group	Ungerman Electric
Silvia Mejia	Mary O'Grady	Rags Ragliacci	SEFCU Credit Union	The McLean Group	Susan E. Ungerman
Susan Megna	Geraldine O'Neill	Patricia Rand	Shaker Logistics	Crickett Thomas-O'Dell	Unity House Of Troy
Sylva & Mark Menard	Eugene O'Neill	Ellen Randolph	She's A Boss And Stiletto Brunch	Walter Thorne	Upper Hudson Planned Parenthood
Amanda Messineo	Organ Colossal	Laura Rappaport	Alison Sifflet	Samuel Torres	Deborah Vogel
Wendy Milligan	Kingsley Osei	Milinda Reed	Marggie Skinner	Congressman Paul Tonko	YWCA Of Schenectady
Alex Miller	Our Lady of Victory	Liz Reiss	Pamela Skripak	Tri-City Rentals	YWCA USA
Dennea Miller	Rebecca Paavola	Regeneron Pharmaceuticals	Rachelle Smith-Stallman	Jeannine Trimboli	Zonta Club Of Albany
Linda Miller	Denise M. Padula	Shavina Richardson	Marian Sole	Troy Area United Ministries	
Karen Miller	Coleen Paratore	Nancy Rider	Spring City Development Group, LLC	Judge Beth Walsh	
	Dylan Paratore	Robert C Parker School			

2022 IN PICTURES



Students from Mater Christi School drop off stockings for Adopt-a-Family



Russell & Scarlet Crouse at Ride with YWCA-GCR at Corning Preserve



YWCA-GCR staff at our 7th Annual BraVa!



Executive Director, Starletta Smith on right with Florencia Feleder from Senator Gillibrand's Office



Students from the Robert C. Parker School donated toys for YWCA-GCR children.



Students from Emma Willard School at the 23rd Annual Resourceful Women's Awards

2022 FINANCIALS

REVENUE

Government Funding & Grants	\$ 769,810
Program Revenue	434,547
Donations & Contributions	197,903
Daycare Rental	73,260
Memberships	710
Fundraising	101,150
Investment & Interest Income	(93,814)
Other	8,430
Total	\$ 1,491,996

EXPENSES

Program Services	\$ 1,331,864
Management & General	205,401
Fundraising	29,589
TOTAL	\$ 1,566,854
Increase (decrease) in net assets	\$ 74,858
Net assets at beginning of year	\$ 4,996,646
Net assets at end of year	\$ 5,071,504

*This report is based on non-audited information
** Expenses include \$149,758 for depreciation which is a non-monetary expense and gets added back into total assets at the end of the year.

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empowering women**

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21 First St.

Troy, NY 12180

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